



*2017 Inaugural Cheerleading Competition  
Sponsored by the Ohio Northern University  
Cheerleaders & Stunt Bros!*



WANT TO TRY  
COMPETITION CHEER?  
COME AS A NOVICE  
TEAM! \*\*Novice teams must  
have competed at less than 3  
competitions since July 1,  
2016. \*\*

Sunday, February 19, 2017

REGISTRATION DEADLINE:

Monday, February 6 at 5 p.m.

COST IS ONLY \$10 per cheerleader

Competition Doors Open at 11:00 a.m.

Spectator Entry Fee is \$5 per person

Warm-Ups begin at 12:40 p.m.

Competition Begins at 1 p.m.

**TROPHIES AWARDED TO THE TOP 3 TEAMS IN EACH DIVISION!**

**GRAND CHAMPIONS AWARDED TROPHY!  
MOST SPIRITED SCHOOL/GYM AWARDED TROPHY!**

**JUMP OFF! \$5 per person  
SPIRIT GRAMS! \$1 per entry  
50/50 Drawing**

\*\*Large & Small Squad/Gym Divisions will be added if there are enough entries.

**SCHOOL DIVISIONS**

High School (grades 9-12) Non-Mount (\*\*Novice division option)

High School (grades 9-12) Mount

High School (grades 9-12) Non-Tumbling

Junior High School (grades 7-8) Non-Mount (\*\*Novice option)

Junior High School (grades 7-8) Mount

Junior High (grades 7-8) Non-Tumbling

Elementary (grades 4-6) Non-Mount (\*\*Novice option)

Elementary (grades 4-6) Mount

Pee-Wee (3<sup>rd</sup> grade & under) Non-Mount (\*\*Novice option)

Pee-Wee (3<sup>rd</sup> grade & under) Mount

Fight Song Division (12<sup>th</sup> grade and under)

**ALL STAR DIVISIONS**

Prep OR Full-Year Teams

Levels 1—4

Tiny (ages 6 & under)

Mini (ages 8 & under)

Youth (ages 11 & under)

Junior (ages 14 & under)

Senior (ages 10-18)

Join us for a spirit – filled day with others who love cheerleading!

Contact Coach Jami Dellifield at [jamizumba@gmail.com](mailto:jamizumba@gmail.com) or 419-889-9264 or Coach Lauren Krepps at [l-krepps@onu.edu](mailto:l-krepps@onu.edu) for more information.

Held at ONU's King Horn Center, 609 W Lincoln Ave, Ada, OH 45810

[http://www.onu.edu/about/maps\\_and\\_directions](http://www.onu.edu/about/maps_and_directions)

No outside food or drink allowed. Concessions will be available.

Competition will take place on a 9 panel non-spring floor.

We will have TWO Judging Panels for a speedier day! We will be using USA Cheer guidelines for music mixes. This program has been designed to ensure that the cheer and dance team community is aware of U.S. copyright laws related to music. <http://usacheer.net/presssafety/music>

This is NOT a USASF or OASSA sanctioned event. However, all safety guidelines as outlined by these organizations must be followed.

School teams : [http://www.oassa.org/images/uploads/2016-2017\\_Rules\\_and\\_Regulations2.pdf](http://www.oassa.org/images/uploads/2016-2017_Rules_and_Regulations2.pdf)

All Star Teams: <http://usasfrules.com/>

We will be using the OASSA score sheets for this competition. They can be found at:

<http://www.oassa.org/images/uploads/SCORESHEETS.PDF>

# 2017 Ohio Northern University Cheerleading Competition

Please make copies & share this information with all of your squads.

## Sunday, February 19, 2017

11:00 am	Doors Open
11:15-12:30 pm	Team Registrations
12:30 p.m.	Warm-Up Room Opens
12:40 p.m.	Warm-Ups Begin
12:30 pm	Coaches Meeting with ONU Coaches
1:00 pm	Competition Begins

The competition is open to school squads and All-star teams. **Schools that have competition squads can also participate if ALL members are current members of the official school squad and must attend the school they represent.**

Participants can compete on both a HS Team and on an All-Star Team(s). Participant must pay the \$10 registration fee for each team that they compete with.

### DIVISIONS ARE AS FOLLOWS (2016-2017 Grades):

\*\*Large & Small Squad/Gym Divisions will be added if there are enough entries.

\*\*Three or less teams in any division may be combined at the discretion of the competition organizers.

#### SCHOOL DIVISIONS

High School (grades 9-12) Non-Mount  
High School (grades 9-12) Mount  
High School (grades 9-12) Non-Tumbling  
Junior High School (grades 7-8) Non-Mount  
Junior High School (grades 7-8) Mount  
Junior High School (grades 7-8) Non-Tumbling  
Elementary (grades 4-6) Non-Mount  
Elementary (grades 4-6) Mount  
Pee-Wee (3<sup>rd</sup> grade & under) Non-Mount  
Pee-Wee (3<sup>rd</sup> grade & under) Mount

Fight Song Division (12<sup>th</sup> grade and under)

\*Teams registered in the School or Novice Division may register the entire squad in the Fight Song Division for only \$5 per squad!\*

#### NOVICE DIVISIONS

\*\*Novice teams must have competed at less than 3 competitions since July 1, 2016.\*\*

High School (grades 9-12) Non-Mount  
Junior High School (grades 7-8) Non-Mount  
Elementary (grades 4-6) Non-Mount  
Pee-Wee (3<sup>rd</sup> grade & under) Non-Mount

#### ALL STAR DIVISIONS

Prep OR Full-Year Teams  
Levels 1—4  
Tiny (ages 6 & under)  
Mini (ages 8 & under)  
Youth (ages 11 & under)  
Junior (ages 14 & under)  
Senior (ages 10-18)

### **TROPHIES AWARDED TO THE TOP 3 TEAMS IN EACH DIVISION!**

**GRAND CHAMPIONS AWARDED TROPHY! MOST SPIRITED SCHOOL/GYM AWARDED TROPHY!**

***JUMP OFF! \$5 per person***

***SPIRIT GRAMS! \$1 per entry***

***50/50 Drawing***

Join us for a spirit – filled day with others who love cheerleading!

Contact Coach Jami Dellifield at [jamizumba@gmail.com](mailto:jamizumba@gmail.com) or 419-889-9264 or Coach Lauren Krepps at [l-krepps@onu.edu](mailto:l-krepps@onu.edu) for more information. Held at ONU's King Horn Center, 609 W Lincoln Ave, Ada, OH 45810

[http://www.onu.edu/about/maps\\_and\\_directions](http://www.onu.edu/about/maps_and_directions)

No outside food or drink allowed. Concessions will be available.

Competition will take place on a 9 panel non-spring floor. Each team will receive 15 minutes for Warm-ups. 5 minutes on the following: 1 single strip dead mat (tumbling/jumps), 2 single strip mats (stunts/tumbling/jumps), 9 panel non-spring floor (with sound available for running full routine).

## RULES AND REGULATIONS

1. We will be using USA Cheer guidelines for music mixes. This program has been designed to ensure that the cheer and dance team community is aware of U.S. copyright laws related to music.  
<http://usacheer.net/presssafety/music>
2. This is NOT a USASF or OASSA sanctioned event. However, all safety guidelines as outlined by these organizations must be followed.
  - a. School teams : [http://www.oassa.org/images/uploads/2016-2017\\_Rules\\_and\\_Regulations2.pdf](http://www.oassa.org/images/uploads/2016-2017_Rules_and_Regulations2.pdf)
  - b. All Star Teams: <http://usasfrules.com/>
3. We will be using the OASSA score sheets for this competition. They can be found at:  
<http://www.oassa.org/images/uploads/SCORESHEETS.PDF> .
4. All teams must have at least 3 members. No limit on squad size except Small Varsity, which is 11 members or less. Mascots are allowed to compete, however they will be counted as a squad member. All participants must be in uniform.
5. **Squad Divisions will be based on USASF and OASSA guidelines.**
  - a. All Star teams will follow USASF age, squad size, and level guidelines. ([www.usasf.net](http://www.usasf.net))
  - b. School Teams will use OASSA rules for divisions: OASSA CHEER DIVISIONS I-V: Based on OHSAA girls' high school enrollment figures provided by ODE. (DIV I 376 and more, DIV II 219 to 375, DIV III 148 to 218, DIV IV 93 to 147, DIV V 92 and fewer. ) NON-TUMBLING CHEER will have no divisions. Teams may be split into small/large divisions based on number of teams registered and/or team size. Large=12 members and above; Small=11 members and below).
6. Performance time limit is 2 minutes and 30 seconds for all teams. Performance time limit for FIGHT SONG is 1 minute 30 seconds. Teams will take the performance mat after the announcer has read all Spirit Grams. When they taking positions onto the mat, cheerleaders will walk quickly onto the mat, place their signs/poms and go to their starting position. You may enter and exit from anywhere on the cheer floor. ***One cheerleader shall raise their arm to signal the announcer that they are ready to be announced.*** Time will begin with the first movement or word by a team member, or the first note of music, after the announcer says, "You may now begin your competition". Time will end after the last motion of the routine is held for two seconds. Squads should quickly exit off the mat upon completion of routine. You will be penalized 1 point for each second over the time limit.
7. Signs, poms, flags, banners, and megaphones are permitted. **Use of any other prop is prohibited (includes hats, gloves, pieces of material, etc.)** Please follow all safety rules in regards to tumbling with props.
8. Routine choreography and music selection must be suitable for family viewing. Inappropriate choreography/music will be penalized-10 point deduction per judge.
9. The coach or coach appointed representative will be responsible for running their music during the

competition. A sound system with CD player and an Aux cord will be available. Please bring two methods for playing of your music. Some custom-made CD's may not play on some systems so you should bring a back-up, if necessary. We will not be responsible for technical problems. In the event your routine is interrupted because of failure of our equipment, facilities, etc., or in the case of a serious injury and your routine needs to completely stop, you will be permitted to restart your routine from the beginning or continue from where you stopped-your choice. If an interruption occurs due to your coach or appointed representative, your CD, your team/individual must continue on with their performance with time running or withdraw from the competition.

10. Each team/individual competitor must be accompanied by a coach or adult 18 years or older. Only two coaches per squad will be admitted into the competition free of charge. Cheerleaders must be in uniform for admittance. Coaches should be pre-registered to receive their wristband and must show a photo ID.
11. **NO GLITTER-Includes spray-on glitter!** Glitter in hair, on uniforms, or on signs is prohibited due to issues with clean-up. Eye glitter is acceptable. Teams/individuals using glitter in any other way will be immediately disqualified and asked to leave the event.
12. Stud earrings will be permitted for non-mount teams only, no other jewelry allowed. Belly button jewelry must be removed. Tattoos must be covered. 10-point penalty per member will be assessed if not followed.
13. All coaches participants must have a signed **WAIVER AND RELEASE** completed and turned in. We prefer to receive these with registration, but will accept them on the day of the event. All coaches should have Emergency Information Sheets for all squad members with them the day of the competition in case of accidents or emergencies. NO exceptions.
14. You will receive a confirmation packet by email by Monday, January 13, 2017 including warm-up times for all teams. **Please be sure to include an email address on your registration form.** Performance order will be determined by the date your registration is received. **(First registration in, last squad to compete in your division, and so on).**
15. Performance area will be on a 9 panel (42 X54) Cheer Mat. This is a non-spring floor.
16. The competition will take place in the King Horn Center Main Gym. There will be designated spaces for team bags. All squads will be issued a warm-up time in a divided area in King Horn. . Each team will receive 15 minutes for Warm-ups. 5 minutes on the following: 1 single strip dead mat (tumbling/jumps), 2 single strip mats (stunts/tumbling/jumps), 9 panel non-spring floor (with sound available for running full routine). If you miss your scheduled time, you will not get warm-up time.
17. Trophies will be awarded to the first, second, and third place teams in each division. The top scorer of all school non-mount divisions will determine Non-Mount -School Grand Champions and they will be awarded a trophy. The top scorer of all school mount divisions will determine Mount-School Grand Champions and they will be awarded a trophy. The top scorer of all All-Star Divisions will determine the All Star Grand Champion. A Spirit Award Trophy will be given to the school/gym that shows the most spirit throughout the event, not just when their team is on the mat.

18. No outside coolers or food will be permitted. A concession stand will be open during the event.
19. We will have TWO Judging Panels for a speedier day! We will be using the OASSA score sheets, including deductions, for this competition. They can be found at:  
<http://www.oassa.org/images/uploads/SCORESHEETS.PDF> . All judging and rule interpretations are final.
20. We will be using USA Cheer guidelines for music mixes. This program has been designed to ensure that the cheer and dance team community is aware of U.S. copyright laws related to music.  
<http://usacheer.net/presssafety/music>
21. This is NOT a USASF or OASSA sanctioned event. However, all safety guidelines as outlined by these organizations must be followed.  
School Teams : [http://www.oassa.org/images/uploads/2016-2017\\_Rules\\_and\\_Regulations2.pdf](http://www.oassa.org/images/uploads/2016-2017_Rules_and_Regulations2.pdf)  
All Star Teams: <http://usasfrules.com/>
22. Registrations (with payment) should be received by Monday, February 6 at 5 p.m. Registration should be mailed to: Coach Jami Dellifield, c/o McIntosh Center, 525 South Main Street, Ada, OH 45810. Late registration may be accepted after the deadline of Monday, February 6 at 5 p.m. Late registration will be subject to a \$25 late fee per team.
23. In case of a tie, the team with the highest overall routine impression score will be declared the winner.
24. The Ohio Northern Cheerleading University Cheer Competition organizers have the right to add, change, delete, or combine divisions.

**COACH'S CHECKLIST**

- \_\_\_\_\_ **Team Registration Form**
- \_\_\_\_\_ **Registration Fee Enclosed (Check payable to ONU Cheerleading)**
- \_\_\_\_\_ **Team Roster**
- \_\_\_\_\_ **Pre-order t-shirt form (with payment)**
- \_\_\_\_\_ **Waiver Form for each coach and participant**

# TEAM REGISTRATION FORM: Ohio Northern University Cheerleading Competition

Please complete ONE TEAM REGISTRATION FORM PER TEAM.

## **Registration Deadline: Must be RECEIVED with payment by Monday, February 6 at 5 p.m.**

Registration should be mailed to: Coach Jami Dellifield, c/o McIntosh Center, 525 South Main Street, Ada, OH 45810. PLEASE MAKE CHECKS PAYABLE TO: Ohio Northern University Cheerleading. Late registration will be subject to a \$25 late fee per team. Late registration may be accepted after the deadline of Monday, February 6 at 5 p.m.

Team Name: \_\_\_\_\_

Coach(es): 1. \_\_\_\_\_ 2. \_\_\_\_\_

E-Mail Confirmation Packet to: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Contact Phone #s: Work: \_\_\_\_\_ Cell: \_\_\_\_\_

**\*\*Please provide an email address as confirmation packets and warm-up times will be sent via e-mail.**

### Please Check Your Division:

#### SCHOOL DIVISIONS

**\*\*Novice teams must have competed at less than 3 competitions since July 1, 2016.\*\***

\_\_\_\_\_ High School (grades 9-12) \_\_\_\_\_ Non-Mount \_\_\_\_\_ Mount \_\_\_\_\_ Novice \_\_\_\_\_ Non-Tumbling

\_\_\_\_\_ Junior High School (grades 7-8) \_\_\_\_\_ Non-Mount \_\_\_\_\_ Mount \_\_\_\_\_ Novice \_\_\_\_\_ Non-Tumbling

\_\_\_\_\_ Elementary (grades 4-6) \_\_\_\_\_ Non-Mount \_\_\_\_\_ Mount \_\_\_\_\_ Novice \_\_\_\_\_ Non-Tumbling

\_\_\_\_\_ Pee-Wee (3<sup>rd</sup> grade & under) \_\_\_\_\_ Non-Mount \_\_\_\_\_ Mount \_\_\_\_\_ Novice \_\_\_\_\_ Non-Tumbling

\_\_\_\_\_ Fight Song Division (12<sup>th</sup> grade and under)

\*Teams registered in the School or Novice Division may register the entire squad in the Fight Song Division for only \$5 per squad!\*

Please Check Squad and School Size: \_\_\_\_\_ Small Squad \_\_\_\_\_ Large Squad

\_\_\_\_\_ DIV I \_\_\_\_\_ DIV II \_\_\_\_\_ DIV III \_\_\_\_\_ DIV IV \_\_\_\_\_ DIV V

#### ALL STAR DIVISIONS

Please check your division:

\_\_\_\_\_ Prep \_\_\_\_\_ Full-Year \_\_\_\_\_ Small \_\_\_\_\_ Large \_\_\_\_\_ D1 \_\_\_\_\_ D2

\_\_\_\_\_ Level 1 \_\_\_\_\_ Level 2 \_\_\_\_\_ Level 3 \_\_\_\_\_ Level 4

\_\_\_\_\_ Tiny (ages 6 & under) \_\_\_\_\_ Mini (ages 8 & under) \_\_\_\_\_ Youth (ages 11 & under)

\_\_\_\_\_ Junior (ages 14 & under) \_\_\_\_\_ Senior (ages 10-18)

Payment Enclosed (Tally for this team only)

Number of Participants \_\_\_\_\_ X \$10 per participant = \_\_\_\_\_

Add Fight Song Competition (HS and under) \_\_\_\_\_ \$5 per squad = \_\_\_\_\_

Team Total due to Ohio Northern University Cheerleading: \_\_\_\_\_



**GIVE A COPY OF THIS FORM TO EVERY PARTICIPANT AND COACH!**

**Ohio Northern University Cheer Competition LIABILITY RELEASE AND WAIVER FORM**

*Every participant must have an original, completed and signed release form to turn in at registration at the door in order to participate.*

Minor's Name \_\_\_\_\_

Name of Parent or Legal Guardian \_\_\_\_\_

Address \_\_\_\_\_

School /Team Name \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Division \_\_\_\_\_

Parent/Guardian Cell Phone Number (\_\_\_\_\_) \_\_\_\_\_

Event Location: OHIO NORTHERN UNIVERSITY Event Date: FEBRUARY 19, 2017

**Liability Release:** For good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I \_\_\_\_\_, as parent or legal guardian of \_\_\_\_\_, a minor (hereinafter "Minor"), hereby grant the permission necessary to allow Minor to participate in the above Event to be conducted by Ohio Northern University Cheerleaders. I, in my own behalf and on behalf of Minor, further agree to release and to hold harmless Ohio Northern University Cheerleaders/ ONU Sponsors (hereinafter "Sponsors"), the Hosting site, (university, hotel, convention center, high school) on whose premises the Event will occur (hereinafter the "Location"), from any and all liability whether caused by negligence of the Releasees or otherwise for any claim, judgment, loss, liability, cost and expenses (including, without limitations, attorney's fees and costs) arising out of or connected with the Event, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic and / or death) that Minor may incur or sustain during the Event, all activities associated with the Event and while traveling to and from the site for the Event whether or not the Event actually occurs. I further expressly agree to indemnify and hold harmless Releasees and Releasees' heirs, successors, assigns, executors and administrators against loss from any further claims, demands or actions that may subsequently be brought by Minor or by any other persons on the account of damages of any character resulting to Minor in any way from the foregoing activities. I further agree to reimburse and to make good to Releasees any loss or costs Releasees may have to pay as a result of any such action, claim or demand. I, in my own behalf and on behalf of Minor, hereby warrant that I have read this Liability Release in its entirety and fully understand its contents. I, in my own behalf and on behalf of Minor, am aware that this Liability Release releases Releasees from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of Minor, further acknowledge that nothing in this Liability Release constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of Minor, have signed this document voluntarily and of my own free will.

**Signature of Parent or Legal Guardian:** X \_\_\_\_\_ **Date:** \_\_\_\_\_

**Supervision:** A chaperone/Adult (age 21 and over) is required to attend with participants. This Chaperone will be responsible for the participants at all times. Ohio Northern University Cheerleaders/Staff are not responsible for participants' supervision.

**Appearance Agreement:** I understand that Ohio Northern University from time to time produces promotional material relating to its programs. I understand that as participant and/ or a spectator at the Event that Minor may be included in photographs taken during the Event. Therefore, without reservation or limitations, I, in my own behalf and on behalf of Minor, hereby assign, transfer and grant to Ohio Northern University, its successors, assignees, licensees, and sponsors the exclusive right to photograph Minor and to utilize photographs and Minor's name, face likeness, voice and appearance as a part of the Event or in any other media now in existence or hereafter developed, in advertising and promoting the Event, in advertising and promoting similar future events or in advertising and promotions relating to Ohio Northern University without reservations and limitations. I further understand that neither Ohio Northern University nor any third party is under any obligation to exercise any of the foregoing rights, licenses and privileges herein granted. I waive any right to inspect or approve the programs, copies thereof and any promotional materials related thereto.

**Medical Release:** I, in my own behalf and on behalf of Minor, acknowledge and agree that such participation subjects Minor to possibility of physical illness or injury (minimal, serious, catastrophic and/ or death) and that I, in my own behalf and on behalf of Minor, acknowledge that Minor is assuming the risk of such illness or injury by participating in the event. In the event of such illness or injury, I authorize Ohio Northern University to obtain necessary medical treatment for Minor and hereby, in my own behalf and on behalf of Minor, release and hold harmless Releasees in the exercises of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of Minor for any illness or injury that Minor may sustain during the Event and while traveling to and from the site for the Event whether or not the Event actually occurs.

I represent that any medication to which Minor is allergic or medications that Minor is currently taking are listed below. I agree that Minor shall bring medications which Minor is currently taking with him / her to the Event and that he / she shall consume the prescribed dosage for such medications.

**Medications (if any):** \_\_\_\_\_

**Allergic to (if any):** \_\_\_\_\_

I acknowledge that the Minor suffers from the following conditions:

\_\_\_\_\_

**Signature of Parent/Legal Guardian:** X \_\_\_\_\_ **Date:** \_\_\_\_\_

**Relationship to Minor:** \_\_\_\_\_ **Minor Birthdate:** \_\_\_\_\_

I, identified above as Minor, acknowledge that I have read this Release and Waiver form.

**Signature of Minor:**

X \_\_\_\_\_ **Date:** \_\_\_\_\_

I, in my own behalf and on behalf of Minor, hereby warrant that I have read this Participant Release and Waiver Form in its entirety and fully understand its contents. I, in my own behalf and on behalf of Minor, am aware that this Participant Release and Waiver Form releases from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of Minor, further acknowledge that nothing in this Participant Release and Waiver Form constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of Minor, have signed this document voluntarily and of my own free will. Minor and I understand that Sponsors may distribute samples of their products at the event.



**Ohio Northern University Cheerleading Competition T-Shirt PreOrder Form**

**Pre-Order Deadline: Must be received by Monday February 6 at 5 p.m.**

**\$10 per t-shirt**

(Must include Payment or Shirts will NOT Be Ordered)

Contact Coach Jami Dellifield at [jamizumba@gmail.com](mailto:jamizumba@gmail.com) or 419-889-9264 or Coach Lauren Krepps at [l-krepps@onu.edu](mailto:l-krepps@onu.edu) for more information.

**There will be a very limited number of shirts on the day of the competition for \$15 each**

SCHOOL/GYM NAME \_\_\_\_\_

CONTACT PERSON \_\_\_\_\_ PHONE \_\_\_\_\_

CONTACT PERSON EMAIL \_\_\_\_\_

Indicate # of Sizes Below:

\_\_\_\_\_ Youth Small

\_\_\_\_\_ Youth Medium

\_\_\_\_\_ Youth Large

\_\_\_\_\_ Adult Small

\_\_\_\_\_ Adult Medium

\_\_\_\_\_ Adult Large

\_\_\_\_\_ Adult XL

\_\_\_\_\_ Adult 2XL (\$3.00 Extra)

\_\_\_\_\_ Adult 3XL (\$3.00 Extra)

**PLEASE MAKE CHECKS  
PAYABLE TO:  
ONU Cheerleading  
ENCLOSE ORDERS WITH  
YOUR TEAM  
REGISTRATION**

**TOTAL AMOUNT ENCLOSED = \$ \_\_\_\_\_**

