

ADA JUNIOR TRACK MEET

We are so excited for a wonderful week of Track & Field!
Here is our week at a glance:

Join Our Remind Group for Updates: @adak6track

Practice Schedule:

Wednesday, April 30th: 5:00 - 6:00

Friday, May 2nd: 5:00 - 6:00

Practices are at the track! These are optional. We know that many athletes will have games/other activities at this time! Practices will include getting familiar with each event and learning about track & field!

TRACK MEET - SUNDAY - MAY 4TH

ATHLETE CHECK IN: 12:15 - 12:45

All participants will need to check in upon arrival at the Football Stadium Entrance. Check-In tables are divided by grade levels. Participants will be given a sticker to wear with their events for the day.

TRACK MEET START TIME: 1:00 PM

EVENT ORDER:

Kindergarten 40 Meter Dash

200 Meter Dash (K-6)

800 Meter Run (1-6)

100 Meter Dash (K-6)

400 Meter Dash (1-6)



Questions? Reach out to Mrs. Lee - leebe@adabulldogs.org